The Springs CHAT November 2020

The Springs at Santa Rita 951 West Via Rio Fuerte Green Valley, AZ 85614

Website: www.thespringshoa.org

HOA Phone: 520-648-1699 Chat Email: Thespringschat@gmail.com

Wanda the Good Witch did her annual flyby and was pleased to see that the Spirit of Halloween is alive and well in the Springs.



Michael & Lisa



4141 Wolf Run Road



3919 S. Camino Del Golfista



1029 W. Blue Fox Road



3756 S. Camino-Comica



3726 S. De Los Solmos

Another bare bones CHAT by an old editor. Hopefully we will have a new one soon. Thanks to Tish Mowrer for her help this fall. Alas, there is no social calendar because there are no social events. In the meantime, a few tidbits to explore gleaned from residents and Green Valley Council:

EL RIO PRESERVE, ANOTHER PLACE TO BIRDWATCH: Did you know that El Rio Preserve in Marana (Coachline Boulevard and Lambert Lane) is a great place to both birdwatch and observe native and often rare crawling things? This Pima County Preserve is also historical. Recently, the Flood Control District partnered with Marana on a bank protection project that will control how the Santa Cruz River affects the Preserve. It will keep the Santa Cruz from seasonally damaging the Preserve and yet will allow enough inflow and outflow to let the Preserve flourish. During these times of more social isolation, take a drive to Marana and visit this lesser known gem! (Pima County FYI Bulletin, 10/22/2020).

HISTORIC CANOA RANCH IS FLOURISHING: On a recent morning, the lake glimmered in the weak sunshine, waterfowl were in abundance and the small birds darted everywhere getting their bug breakfast. An amazing number of people were out walking, birding or just relaxing in the ramadas and on the benches. What a beautiful way to start the day!

TOWNHOUSE FOR SALE BY OWNER:
ADDRESS: 3933 S. VIA DE CRISTAL
2 bedroom, 2 bath, 1300 Sq. Ft.
Amazing view. Fully furnished. Well maintained.
Owner occupied primarily during the winter season.
View by appointment only. Call: (206) 478-1885

Stay tuned to www.gvrec.org for opening, closings, and guidance regarding pandemic etiquette.

SAYING OF THE WEEK:
Start every day with a smile and get it over with.
(W.C. Fields)

Tish

IN THE KITCHEN

In this time of Covid-19 and all the social distancing, one of the things we miss is the monthly potluck held here in the Springs. Not only the camaraderie, but the sharing of good food as well as recipes. Perhaps we can share in other ways.

If any of you good cooks would like to contribute recipes for posting, now is the time to share your best. It could be a regional specialty, a seasonal taste treat, a family favorite, or just something fun. Just contact Tish Mowrer at 520-647-9270 and let me know what you have!

To start the ball rolling, I am posting a recipe I picked up living in New Orleans which is regional as well as seasonal. Now don't groan and say "another green bean casserole?"

CAJUN GREEN BEAN CASSEROLE

(Serves 8)

2 pounds fresh green beans, rinsed, trimmed and halved

4 slices bacon, chopped into 1/4 inch pieces

1/2 large onion, chopped

2 cloves garlic, minced

1/4 cup unsalted butter

1/4 cup all-purpose flour

1/2 cup half-n-half

2 cup grated Cheddar cheese

2 1/2 t. cajun seasoning

1 t. light brown sugar

1 (4 oz. jar)sliced pimientos, drained

1 cup french-fried onions



Fill a large stockpot halfway full with water, add a dash of salt, and bring to a light boil. Add green beans, and boil for 3-4 minutes. Using a slotted spoon, remove beans from salted water and immediately drop into a large bowl of ice water. Once beans have cooled, drain and set aside.

Preheat oven to 350*.

In a large skillet, cook bacon over medium heat for 2 minutes. Add onion and garlic; cook until bacon is done and onion is translucent, 3-5 minutes. Remove from heat and set aside in a bowl. Wipe out same large skillet, melt butter over medium heat. Sprinkle in flour, stir well, and cook for 2 minutes. Add milk and half-n-half; cook, stirring constantly, until sauce thickens, about 5 minutes and add pimientos and bacon mixture, stirring well.

Bake for 30 minutes. Serve immediately.

LAISSEZ LES BON TEMPS ROULER

(Translation: Let the good times roll!)

AHEM!

Elections for 2021-2023 Board members will take place at our Annual meeting in January. This election will fill four Board seats expiring at the end of this year. If you would be interested in becoming a Board member, please complete the form below and submit it for inclusion in the ballot to be mailed to all homeowners. These forms must be returned to the HOA, either by email by Dec. 15, 2020 or regular mail no later than December 5, 2020. Being involved in your community is ever more important. Good decisions are best accomplished to the approval of all when a wide base of opinions is submitted. Your valuable ideas and input will keep The Springs our beautiful treasure.

NOMINATION PROFILE

Yes, I would like to be a candidate for the Board of Directors. My personal data is listed below.

PERSONAL DATA		
Name:		_
Address:		_
Phone: Home:	Cell	_
E-Mail Address:		_
Background:		
Reason for Running:		
		-
	Other Pertinent Information or F	Remarks:



Welcome back to our returning friends and neighbors! I want to revisit our HEART Safe program so new owners will know what it is about and to refresh others as to what it means to have the "Heart Safe Community" sign at the entrance to The Springs.

HEART Safe is a national program that addresses Sudden Cardiac Arrests (SCA). Unlike a heart attack, SCA's strike

quickly and without warning. Time is of the essence in responding to a SCA.

In numerous mock trials with the Green Valley Fire Department (GVFD), we found volunteers could arrive in significantly less time than the GVFD. The time difference is due to the distance they have to travel once they receive a 911 call. While our fire department provides incredible services for all of us, time is the critical factor in surviving a SCA. For every minute that passes, a person's chance of survival diminishes by 10%.

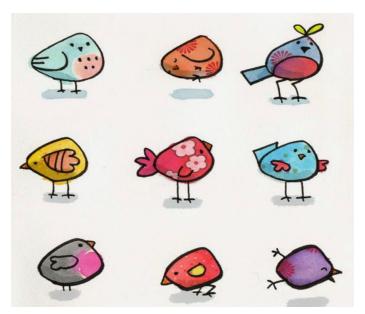
The program is connected with the 911 system and GVFD. Once it is determined to be a SCA, volunteers receive a message on their smart phones, alerting them to the address of the event. There are two groups of volunteers; the first goes directly to the address to start CPR, the second retrieves an AED before going to the address. We have two AEDs strategically placed in The Springs for easy retrieval.

Volunteers ONLY respond to SCA's. All of the volunteers have received CPR and AED training; most through both Green Valley Recreation and the Green Valley Fire Department. We currently have 20 volunteers, and if you're interested in joining us, please let me know.

To be part of this service, you need to complete the form (which is at the end of this article) for your residence.

Volunteers will only show up if a completed address form is on file with the company that sends out the alerts. Why would you complete this form if you live alone or don't live at that address? You might have family or friends visiting or someone else renting your house. Remember, time is of the essence and it took the GVFD four to six minutes longer to respond during the time trials.

Once you complete and sign the form, please put it in the Heart Safe mailbox at the front gate exit next to the HOA mailbox. If you have any questions, doubts, or concerns; don't hesitate to contact me through my email: rogerbrink8@gmail.com



Thank you for making this the greatest community we can hope for in these difficult times.

Roger Brink

NEIGHBORHOOD CHAIN OF SURVIVAL (NCOS) PROJECT FOR THE SPRINGS AT SANTA RITA

Our community has partnered with the Community Foundation of Southern Arizona to establish a local neighborhood volunteer network to expedite a lifesaving response when a neighbor experiences a sudden cardiac arrest. Victims of sudden cardiac arrest in a residential neighborhood are more likely to survive when CPR is begun within minutes of the event and an AED is used as quickly as possible, often by a good Samaritan bystander.

A group of residents of the Springs have volunteered to receive CPR and automatic external defibrillator (AED) training and respond quickly when alerted to a sudden cardiac arrest emergency at an address in our community. Here is how the program works:

- A witness to the emergency will call 911 and report that the victim is unconscious and appears
 to have stopped breathing, the first signs of sudden cardiac arrest.
- In a medical emergency, the 911 operator will pass the alert to a medical operator who will collect more information and alert the nearest fire station/EMS facility to respond
- The NCOS system will also be alerted to emergencies in The Springs and pass on alerts to all our community volunteers via cell phone, text message, and land line
- Volunteers in the immediate area will travel safely to the address of the emergency and begin CPR and use an AED until professional responders arrive.

You may remember that a study conducted the summer of 2018 in The Springs by the University of Arizona/Sarver Heart Center and the Green Valley Fire Department demonstrated that volunteers could arrive critical minutes before professionals from the nearest fire station. Other studies indicate a much higher survival rate from such a quick response. Arizona and Federal Good Samaritan laws protect the responding volunteers.

AEDs will be placed in a central location in the community in weatherproof cabinets for use by volunteers in an emergency. Also, signage announcing The Springs as a HeartSafe Community will be placed at the entrance to our development. We are the first such community in Green Valley and Tucson.

Please sign and return a copy of this notice to Jan Canning c/o the box at HOA office indicating your awareness of this program and willingness to allow a volunteer to respond to an emergency at your address.

Print Name:	
Signature	Date
Address	

Neighborhood Chain of Survival is a project fund of the Community Foundation for Southern Arizona

In addition to opportunities to participate on the 2021 Board of Directors, there are also openings on the ARC committee, an enticing career as the CHAT editor, and we are still taking applications for Compliance agent. Please see below and call the HOA office with questions.

ATTENTION

We need a new CHAT editor. This volunteer job allows you to be creative, informative, artsy, honest, funny and timely. The CHAT is typically published monthly from September through May. It contains important Board information, social announcements, opportunities to volunteer, local lore, photography, changes to scheduled activities and much more. This is an important part of our community and the Board would like to see it continue. Please send your information and questions to Brent Gordy, Vice President, at the HOA email - hoa@thespringshoa.org. Thanks!

The Springs at Santa Rita HOA Compliance Agent WANTED

Several of the duties include:

- 1. Reviews all architectural and design requests of homeowners & meets with homeowners to evaluate requests as necessary.
- 2. The agent conducts two maintenance and yard inspections of each lot annually with follow-up inspections on the lots that were in non-compliance with community standards.
- 3. Issues violation notices, maintains records of compliance, and shares records of requests & non-compliance issues with the office manager.
- 4. Makes monthly reports to the ARC chairperson.

Qualifications: Works well with (at times difficult) people and in general has excellent interpersonal relationship skills. Also needs good organizational, computer (Excel and Word) and record keeping skills.

Compensation: Approximately \$6,000 per year, paid quarterly. The compliance agent is an independent contractor position and not an employee of the HOA, and they must purchase their own \$1,000,000 personal liability insurance.

Reports to: The ARC chairperson and works closely with the office manager. Preferential treatment will go to homeowners or permanent residents of The Springs.

To apply: Send a resume indicating your qualifications and contact information to Rebecca Keenan, HOA President and chairperson of the Personnel Committee at hoa@thespringshoa.org.

Application Deadline: 5 PM, Friday, November 20, 2020 Contract start date: January 1, 2021. There will be a one month training period with the retiring compliance agent.For more information: Contact Ted Boyett, Chairperson ARC TBoy@stanfordalumni.org 1(401)649-0991.

Also call Ted Boyett if you are interested in being on the ARC (Architectural Review Committee).

That's all folks, Rebecca Keenan TEMPORARY Editor

